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| Bravery and Courage - Autumn 1 |
| Bronze | Support a friend when necessary in any situation |
| Silver | Speak out or lead an assembly or present in class. |
| Gold | Audition for a main or lead role in a play or song or show confidence when singing or performing in class. |

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| Kindness and Generosity - Autumn 2 |
| Bronze | Help out a family member in doing chores around the house. |
| Silver | Volunteer your spare time to a help a worthy cause (such as a litter pick) |
| Gold | Get sponsored for an activity that a charity will benefit from. |

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| Patience and Perseverance - Spring 1 |
| Bronze | Help teach a friend something that you know is challenging to achieve. |
| Silver | Aim to improve your academic performance. |
| Gold | Learn a new musical instrument or try a new sport. |

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| Determination and Resilience - Spring 2 |
| Bronze | Support a friend in a tricky situation. |
| Silver | Achieve all 5 on strive for 5 for three consecutive weeks. |
| Gold | Get 100% attendance in one term. |

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| Respect and compassion - Summer 1 |
| Bronze | Read a book about a culture/ religion unknown to you. |
| Silver | Show compassion by being buddies to a younger child or someone in your class that might need help. |
| Gold | Donate to or support a charity which means something to you. |

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| Effort and Conscientiousness - Summer 2 |
| Bronze | Ask your teacher how you could improve and follow through with their advice. |
| Silver | Try to improve your test scores since last term. |
| Gold | Complete all your homework on time for at least two terms |