#### What is a Children's Centre?

A Children's Centre is a community resource providing a wide range of services for children and their families. We aim to improve the lives of children and their parents by bringing together early education, childcare, Health and family support services in the heart of the community.

Each Centre has the support of a range of professionals including health Visitors, midwives, family support workers and early years practitioners to Provide quality services and support. We work closely with families and local people to ensure our services are tailored to meet the needs of each local community.



## Every Children's Centre will have access to the following services:

- Integrated nursery education and day care (on site or locally available)
- Family support and home visits
- Child and family health visits
- Specialist support for children with additional needs
- Family learning and support
- Training and back to work support
- Family Information Service

Children's Centres provide a safe and welcoming place for children, young people and their families to find support they need.

So that they are easy to access, most Children's Centres are in new or existing buildings on primary school sites.

We aim to ensure:

- Every parent or carer feels respected and valued for the role they play in their child's life
- Needs are identified early and the right support put in place
- Access to services is made easier
- Family friendly, child centred services will support the health, educational, social, ,emotional and physical well being of children and young people
- Children and their families have a say in how their Centre is run

Family Information Service fis.west@cheshirewestandchester.gov.uk 0800 0852 863

#### What activities take place?

### Each Centre will provide a varied range of activities which could include:

- Early education and care for children aged 3 months to school age, including funded nursery education grant places (on site or local nurseries)
- Drop-in sessions for information, advice and support
- Healthy lifestyle activities
- Young parent groups
- Stay and play sessions
- Training and back to work activities
- Specific drop-in sessions for childminders
- Parenting support and advice

#### Some comments from parents:

"The children get so much out of these sessions—they get to play with the toys I don't have at home"

"The space to play and run around is great"

"I really appreciate the support I get from the Centre, from staff that really understand"

"It's a great chance to mix with other children and parents"

"Everyone mucks in to help and the children learn new social skills like sharing"



## Cheshire West and Chester

# What is a Children's Centre,



#### Ellesmere Port Children's Centres

Portside Children's Centre - 0151 337 6365
Stanlaw Abbey Children's Centre - 0151 337 6425
Parklands Children's Centre - 0151 337 6324
Woodlands Children's Centre - 0151 337 4650

Children's Centres

Making a difference to children in Cheshire